

What comes to mind when you hear the word, “Strength?” Do you picture disciplined athletes or body builders of incredible strength and size? This week we’ll share with you what God considers True Strength!

THIS WEEK

Pastor Pete from Market Street Mission will share 8 *Principles of True Strength* to help us have a biblical understanding of what True Strength looks like.

BIG IDEA

Jesus is the Strongest Man Who Ever Lived.

The Bible

Ephesians 6:10

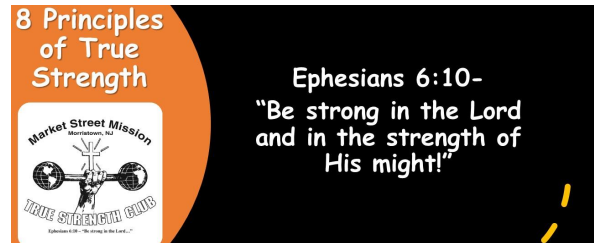
READ THIS

Read John 15:13

Why do you think Jesus is the strongest man alive according to this passage? How can you practice sacrificial love with others? What makes this hard to do without Jesus?

CONSIDER THIS

Choose one principle of True Strength this week. Share with your group or an accountability partner how you’re going to put it into action. Share what might keep you from achieving this goal.



In this Talk, we’ll learn what

8 PRINCIPLES OF TRUE STRENGTH

1. Accepting Jesus
2. Quality time with God
3. Having a Mentor
4. The Right Relationships
5. Studying God’s Word
6. Living Clean
7. Staying Mentally Fit
8. Resting in Jesus

ASK THIS

1. What did you hear the “True Strength Club” team saying about the source of “True Strength”?
2. What have you been trying to achieve in sports, music, arts & entertainment, etc. that you feel will make you outwardly strong & fulfilled? How has it worked for you so far? Do you feel that it will make you “strong enough to live forever”?
3. Describe the strength of Jesus, “the strongest man that ever lived.” How can you get this kind of strength?
4. This week, what area do you need to develop True Strength in?
 1. Accepting Jesus
 2. Quality time with God
 3. Having a Mentor
 4. The Right Relationships
 5. Studying God’s Word
 6. Living Clean
 7. Staying Mentally Fit
 8. Resting in Jesus